

2023-2024

COMPETITIVE PROGRAMS



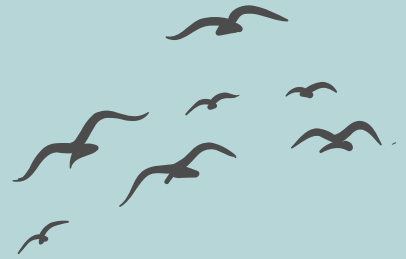
AIRBOURNE
ATHLETICS

1900 1st Avenue NE WEYBURN, SK

Visit our website:

<https://airbournecheerathletics.com/>

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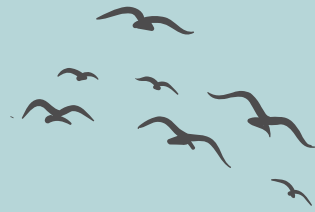
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Welcome!



At Airbourne Cheer Athletics, our vision is to create mental and physical strength in our athletes in a safe, positive, and nurturing environment while challenging them to reach their full potential, and encouraging the display of good sportsmanship at all times.

Our professional staff of certified coaches guide athletes in physical training and mental conditioning designed for growth as an individual as well as a team.

Through sport, our athletes strive to achieve personal and team success by learning and practicing essential life skills, including:

- leadership
- strong work ethic
- resilience
- relationship building
- trust
- kindness
- confidence

We are excited for our eighth season - come fly with us!



Did you know?

INFORMATION ABOUT US!

1. Not for Profit

As a not for profit organization, we provide economical programs right here in our community! We deliver quality instruction at affordable prices - no fluff, no gimmicks. Our gym is locally operated by a dedicated board of volunteers and excellent coaching staff who are passionate about cheerleading. We are proud to support Weyburn and area athletes and families while making a difference for youth in our community.

2. Dedicated Coaching Staff

Our coaches are committed to the growth and development of their athletes and passionate about our sport. With a combined 40+ years of coaching experience and several multi-sport coaches (gym, cheer, and dance), our staff truly understands what our athletes need to succeed in sport. We are so excited to share our love of cheer with athletes for Season 8!

3. Non-starting division - Pom

Pom dance (called performance cheer) is so much fun! Routines are made up of sharp, strong arm movements and motions done with poms. The result is a visually creative performance of dance!



4. *Non-competitive Recreational Programs*

In addition to our popular Recreational Cheer classes, we have Tumbling, Ninja, and Recreational Pom (dance) scheduled for this season! If a competitive program is not your thing, we've got you covered with these great options! For more information about our Rec programs, see the Recreational Programs handbook. Registration for fall rec classes will be open in late summer - watch our social media for updates!

5. *Risk Free - Try before committing for U6 athletes*

Want to join but not sure if you or your athlete will be a good fit? No problem! We have a risk free "try it" period for our littlest athletes! You've got nothing to lose and a whole cheer family to gain!

Here's how to try it out!

- In Amilia, register for the U6 team and add your insurance/membership to the cart
- Participate during the "Try It" training period (six classes): September 12, 15, 19, 22, 26, 29

Not for you right now?

Email us to cancel your registration before the regular season training begins (see page 12 "Important Dates"). There will be no further charges to your account.

Love it? Awesome!

Complete your season registration by submitting your Commitment Fee and Uniform payments. The earlier you say yes, the more money you save! See the Investment pages for complete details (pages 15 - 18).

QUESTIONS?

Email us and we will be happy to chat with you about your options!



CURRENT PROGRAMS



* Come stretch, tumble, or work on routines at the gym under the supervision of a certified coach.

Note: Open nest is included in competitive athlete tuition!

COMPETITIVE PROGRAMS

NOTE:

Being coachable and willing to learn is all that is required for athletes who wish to be part of our competitive teams!

Competitive Cheer Teams

This program is perfect for athletes who love to compete! These teams require unwavering commitment as they involve summer training and an extended season. Teams perform a choreographed 1:00 - 2:30 minute routine set to music which includes jumps, motions, dance, stunts, and pyramids. Dance, gymnastics, or cheer background is an asset but experience is not necessary!

Competitive Performance Cheer (Dance) Team

A program designed for athletes who love to dance! Performance Cheer (formerly known as all star dance) has grown in Saskatchewan the past five years and combines elements of visuals, sharp motions, lifts, tricks, and synchronized team elements. Teams perform a choreographed 1:45 - 2:15 minute routine set to music. Having some dance experience is an asset, but not required.

OPEN NEST



If an athlete or stunt group wants to spend some extra time repping skills or tumbling, Open Nest is the place to be! Held once a week under the supervision of a coach. Open Nest will be Saturdays starting October 28 and running until the end of December and Fridays from January 12 to the end of March.

Note: During Open Nest times, a certified coach is present to ensure safety - athletes will not be coached. If athletes requires coach assistance or spotting for skills, Private or Semi-Private sessions are available for booking.

COMPETITIVE TEAMS

U6 Novice Cheer

For birth years 2017-2020.

Come learn all about competitive All-Star Cheerleading! One practice a week.

U8 Prep Cheer

For birth years 2015-2019.

For all skill levels - cheerleading, gymnastics, or dance experience an asset but not necessary. Two practices per week.

U12 Cheer

For birth years 2011-2016.

For all skill levels - cheerleading, gymnastics, or dance experience preferred but not necessary. Two team practices per week.

U16 Cheer

For birth years 2007 - 2012.

For all skill levels - cheerleading, gymnastics, or dance experience preferred but not necessary. Two team practices per week.

Pom

For birth years 2011 - 2016

Dance experience an asset but not necessary. One team practice per week. We will finalize the age division(s) for this team at the end of the registration period!





TRAINING SCHEDULE

SUMMER & SPECIAL EVENTS

PLEASE NOTE:

All events listed below are **mandatory** for the indicated Competitive Teams. Please add these dates to your calendars!

SUMMER TRAINING CAMP

Cheer U12:

Tuesday, Wednesday, Thursday (August 29, 30, 31)
10:15-11:30

Cheer U16:

Tuesday, Wednesday, Thursday (August 29, 30, 31)
11:45 - 1:45

Pom U12:

Tuesday, Wednesday, Thursday (August 29, 30, 31)
9:15-10:15 AM

CHEER CHOREOGRAPHY CAMP

OCTOBER 20, 21, 22

The majority of team choreography will be taught at this weekend camp. Attendance is mandatory for all athletes except U6. Exact day and times will be given to families once confirmed with our choreographer.

TIME TO FLY! ROUTINE SNEAK PEAK

JANUARY 20, 2024

Our whole club will show off their competition routines and we will also have our athletes and groups photographed. Attendance is mandatory for all athletes.

TRAINING SCHEDULE

REGULAR SEASON

U8, U12, & U16 Regular season training will start **September 11.**

U6 Try It training (for ALL U6 athletes) starts **September 12.**

U6 Regular Season will start **October 3.**

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|--------------|--------------|--------------|--------------|-------------------------------|---------------|
| | | U12 CHEER | REC POM | U12 CHEER | | REC TUMBLE |
| | NINJA | U6 CHEER | REC CHEER | U12 POM | U6 CHEER (SEPT ONLY) | OPEN NEST |
| | U16 CHEER | U8 CHEER | U16 CHEER | U8 CHEER | | |

Practice Days are confirmed as above. Practice Times will be finalized with registered families. Team names will be announced in the fall.

Please arrive 5-10 minutes before practice so athletes are ready on time!

Attendance is mandatory at all practices. If an athlete needs to be absent for an approved reason*, a private message to the coach should be sent as soon as possible so coaches can adjust practice plans.

*Attendance Policies can be found on our website.

























What do athletes need for practice?

- athletic shorts or capri pants (flyers MUST wear shorts - no leggings!)
- snug fitting tank top or t-shirt
- cheer shoes OR clean athletic shoes (minimal tread) - white only!
- water bottle
- hair tied back away from the face and jewelry removed

COMPETITION SCHEDULE

2024 COMPETITION LOCATIONS:

MOOSE JAW, WARMAN, AND SASKATOON

| COMPETITION SCHEDULE 2024 | TIME TO FLY! JANUARY 20 | BEST OF THE WEST FEBRUARY 10 | WARMAN CHEER CLASSIC MARCH 8-10 | SCA PROVINCIALS MARCH 16 | WEYBURN CHEER SHOWCASE MARCH 27 |
|---------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| U6 NOVICE |  |  | |  |  |
| U8 PREP |  |  |  |  |  |
| U12 CHEER |  |  |  |  |  |
| U16 CHEER |  |  |  |  |  |
| U12 POM |  |  |  |  |  |

Athletes are required to attend all events that are indicated for their team.

Coaches will release competition schedules as soon as they are permitted to (usually one or two weeks prior to the event). Coaches will also provide families with other information for competitions as it is released from the competition hosts.

Please note that athletes are required to be in attendance at their session awards at all competitions - this displays good sportsmanship and shows respect for all competitors. Thank you for your cooperation!

2023-2024 IMPORTANT DATES



| DATE | EVENT |
|----------------------------------|----------------------------------------------------|
| August 29-31 | Summer Camp for all U12 and U16 teams |
| September 11 | Regular Season begins! |
| September 12, 15, 19, 22, 26, 29 | U6 "Try It" period for all athletes |
| October 3 | U6 Regular Season starts |
| September 30 | Gym Closed - Indigenous Memorial Day |
| October 8-9 | Gym Closed - Thanksgiving |
| October 20-22 | Choreo/Skills Camp - U8, U12, U16 (cheer) |
| October 31 | Gym Closed - Halloween |
| November 6 - 10 | Parent Appreciation Week |
| November 11 | Gym Closed - Remembrance Day |
| December 15-21 | Team Holiday Parties (day/times TBD) |
| December 23 - January 7 | Gym Closed - Happy Holidays! |
| January 8 | Practices resume |
| January 20 | <i>Time to Fly! Competition Sneak Peek</i> |
| January 20 | <i>Club Photo Day</i> |
| February 10 | <i>Best of the West (Moose Jaw)</i> |
| February 17 - 25 | Gym Closed - Winter break |
| February 26 | Practices resume |
| March 8 - 10 | <i>Warman Cheer Classic (Warman)</i> |
| March 16 | <i>Provincials (Saskatoon)</i> |
| March 27 | <i>Showcase (Cugnet Centre)</i> |
| March 28 | Season Ends! |
| March 29 - April 28 | Gym Closed Staff prep for new season |
| April 29 - June 9 | Spring Session |
| May 20 | Gym Closed - Victoria Day |
| June 3 - 7 | <i>2024-2025 Early Bird Team Placements</i> |
| July 1 | Gym Closed - Canada Day |
| August 12 - 23 | <i>Team Placements (days/times TBD)</i> |
| August 26 - 29 | Summer Training Camp |
| September 9 | 2024-25 Regular Season begins |

INVESTMENT INFORMATION

COMPETITIVE TEAM TUITION AND FEES EXPLAINED

We are happy to offer ***all inclusive pricing*** to our families. Your commitment fee, membership fee, and tuition includes: certified coaching staff, all training fees, Open Nest access, routine choreography and camps, music fees, membership to Cheer Canada/SCA, insurance, program training t-shirt, digital photography package, competition registration fees, Showcase venue rental, two Showcase tickets per athlete, and subsidized team events.

Tuition ***does not*** include: shoes, uniform, competition makeup, out-of-city travel and accommodations for any competitions, admission to competitions, print photography packages, or optional team gear.

Commitment Fee

The Commitment Fee must be submitted for an athlete to be considered completely registered. These funds help us secure early bird pricing for events and items and is therefore non-refundable once paid. Cost is \$250 for registrations made prior to August 31. Commitment Fee increases to \$300 for registrations made September 1 or later. The increase is to cover costs associated with late fees for some of our season expenditures. *U6 Commitment Fee will be \$250 for September and will increase to \$300 on October 1.

The Commitment Fee must be paid via e-transfer to info@airbournecheerathletics.com Please type "Commitment fee" followed by the First & Last Name of the athlete in the memo field on your e-transfer.

INVESTMENT INFORMATION

COMPETITIVE TEAMS

| | U6 | U8 | U12 | U16 | POM |
|----------------------------------------------------|-------|--------|--------|--------|--------|
| COMMITMENT FEE * | \$250 | \$250 | \$250 | \$250 | \$250 |
| FULL SEASON TUITION | \$700 | \$952 | \$1190 | \$1596 | \$812 |
| CHEER CANADA/SCA MEMBERSHIP & INSURANCE | \$45 | \$45 | \$45 | \$45 | \$45 |
| INVESTMENT FOR TRAINING | \$995 | \$1247 | \$1485 | \$1891 | \$1107 |
| MONTHLY TUITION INSTALLMENTS | \$100 | \$136 | \$170 | \$228 | \$116 |

*Commitment Fee price before Sept 1. Must be paid by e-transfer (see details on page 13).

Season Tuition will be collected online via Amilia, our registration portal. Payments may be a lump sum or scheduled monthly instalments. Athletes will not be permitted to begin training until Amilia registration is completed. **Cheer Canada/SCA membership fee & Insurance must be added to your cart when registering (paid once per season, valid July 1 - June 30).**

Monthly tuition instalments are based on registrations completed before August 31. Payments are processed monthly beginning September 1 with final payment withdrawn on March 1.

Please note: Any registrations completed in Amilia after September 30 will result in the monthly fee being increased because the total tuition would be paid over fewer months.

INVESTMENT INFORMATION

CROSSOVER ATHLETES

A crossover athlete is someone who competes on more than one team at their club. Athletes can cross over from a cheer team to another cheer team (cheer to cheer) or from a cheer team to a dance team (cheer to dance). Athletes need to be age eligible with both teams they wish to be on.

This season, age eligible athletes can cross over from **U12** to **U16** and from **U12 Cheer** to **U12 Pom**. At team placements, coaches will be asking which athletes want to be considered for competing on two teams - the athletes must demonstrate overall physical fitness, mental toughness, and passion for the sport. If you or your athlete are not interested in being considered for a crossover, please indicate this on your Athlete Placement Form.

Rates

Crossovers will pay all the fees and tuition of the higher cost team and then a reduced tuition for the additional team. Total cost will depend on which team an athlete is crossing over from.

Cheer to Cheer

Crossover rate = Full tuition for U16; 25% off U12 tuition.

Monthly instalments for the second team = \$127.50

Cheer to Pom

Crossover rate = Full tuition for cheer; 25% off Pom tuition

Monthly instalments for the Pom team= \$87

PROGRAM UNIFORMS

YEAR TWO OF A FOUR YEAR CYCLE

Please note: Uniform pricing does not include taxes or shipping.

| | U6 | U8 | U12 U16 | CROSS OVER (CHEER TO CHEER) | POM | CROSS OVER (CHEER TO POM) |
|----------------|-------|-------|------------|--------------------------------------|-------|------------------------------------|
| COST | \$105 | \$250 | \$370 | \$145 | \$220 | \$125 |
| DEPOSIT | \$60 | \$125 | \$185 | \$75 | \$110 | \$65 |

Uniform deposit must be paid for registration to be considered complete for competitive programs. **Please pay via e-transfer to info@airbournecheerathletics.com**; type "Uniform deposit" followed by the First & Last Name of the athlete in the memo field on your e-transfer. We will let you know the exact remainder owing once the order is placed with the company; shipping prices fluctuate and we may be able to secure discounts or arrange for private pickup of our items which will save families money.

Note: For U8, U12, and U16, co-ed uniform pieces are available. Please email for further information and pricing if this pertains to your athlete.

Used Uniforms

Athletes who have outgrown their pieces from last year may be able to sell them to other families. More information about this will be shared with families once our season begins.

Additional Uniform Requirements (not provided by club)

Families will be responsible for providing their athletes with:

- White Ankle Socks (cheer athletes only)*no logos or colours
- Black leggings (dance athletes only)
- Makeup (colours will be communicated once the season begins)
- Shoes - white shoes (U6), white cheer-specific shoes (all other cheer teams), black jazz shoes (dance). The club will organize a cheer shoe order in September for families wishing to order shoes.

TEAM PLACEMENTS

There are many factors considered for team placements, including jumps, tumbling, motions, strength, flexibility, and coachability (willingness to learn and apply corrections). At Airbourne, our teams are designed so athletes can be successful while also being challenged to improve their skillset. Don't worry; placements are fun and easy! No experience necessary! Every athlete must attend a placement session in order to be placed on a team. Parents of ages 4-6 are welcome to stay and watch!

August Cheer & Pom placement dates:

Tuesday, August 22 - 5:30

Cheer: Ages U12 and U16 (birth years 2007-2016)

Tuesday, August 22 - 6:30

Cheer: Ages U6 and U8 (birth years 2015-2020)

Wednesday, August 23 - 6:00

Pom: U12 (birth years 2011-2016)

Thursday, August 24 - 5:45

Cheer: All ages! (birth years 2007-2020)

Team Placement Checklist:

- Wear shorts, t-shirt, and clean athletic shoes.
- Put hair up in ponytail and remove jewelry
- Bring water bottle
- Arrive with a positive, willing-to-learn attitude!
- Athlete Placement Form - there will be a QR code for parent or athlete to scan upon arrival - come prepared with health card #.
- Placement fee: \$10 for returning athletes and \$15 for athletes new to our gym. No charge for pom athletes who have already attended cheer placements! **Cash only! Coaches will not have change so please bring exact amount.**

After placements, we will email families their athletes placement(s) for the 2023-2024 season! *Every athlete will be welcomed onto a team!*

MISSED PLACEMENTS?

No worries! Email the club and we can work with you to find a time for a placement session for your athlete.



Six Easy Steps

TO JOIN OUR COMPETITIVE FAMILY



1. Attend Team Placements

We can't wait to see you there! Check out the days and times for your age group (page 17). Don't forget to bring your placement fee and your health card number!

2. Register in Amilia

Amilia is the online registration portal used by our club. To register visit our website and click on the Amilia button. Registration will be live on August 28th! Here's the address: <https://airbournecheerathletics.com/registration>



3. Pay the Commitment Fee

E-transfer your commitment fee to info@airbournecheerathletics.com \$250 by August 31, and \$300 as of September 1.

4. Pay the Uniform Deposit

E-transfer your uniform deposit to info@airbournecheerathletics.com See page 16 for deposit amount for your team(s).



5. Download "Stack Team App"

Download on the App store or Google Play - it's free! Once downloaded, sign up with your email, then log into the app. Search for Airbourne Cheer Athletics and request to join.



6. Welcome to our Family!

Dare to Soar! Attend practices, set goals, learn skills, make friends, work hard, be awesome, compete full out, and HAVE FUN!



AIRBOURNE CHEER ATHLETICS COME FLY WITH US!



JOIN US ON SOCIAL MEDIA!



[@airbournecheer](https://www.instagram.com/airbournecheer)



[Airbourne Cheer](https://www.facebook.com/AirbourneCheer)

HAVE QUESTIONS?

E-MAIL US!

INFO@AIRBOURNECHEERATHLETICS.COM