

2026-2027 COMPETITIVE PROGRAMS



1900 1st Avenue NE
WEYBURN, SK

Visit our website:

<https://airbournecheerathletics.com/>

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Welcome!

At Airbourne Athletics, our vision is to create mental and physical strength in our athletes in a safe, positive, and nurturing environment while challenging them to reach their full potential, and encouraging the display of good sportsmanship at all times. Our professional staff of certified coaches guide athletes in physical training and mental conditioning designed for growth as an individual as well as a team.

Through sport, our athletes strive to achieve personal and team success by learning and practicing essential life skills, including:

- leadership
- strong work ethic
- resilience
- relationship building
- trust
- kindness
- confidence

Wings up for Season 11 - come fly with us!



Did you know?

INFORMATION ABOUT US!

1. Not for Profit

As a not for profit organization, we provide economical programs right here in our community! We deliver quality instruction at affordable prices – no fluff, no gimmicks. Our gym is locally operated by a dedicated board of volunteers and excellent coaching staff who are passionate about cheerleading. We are proud to support Weyburn and area athletes and families while making a difference for youth in our community.

2. Dedicated Coaching Staff

Our coaches are committed to the growth and development of their athletes and passionate about our sport. With a combined 40+ years of coaching experience and several multi-sport coaches (gym, cheer, and dance), our staff truly understands what our athletes need to succeed in sport. We are so excited to share our love of cheer with our athletes!



3. Non-stunting division - Performance Cheer

Pom and hip hop dance (collectively called performance cheer) are fun ways to be involved in the cheer community! Pom routines are made up of sharp, strong arm movements and motions done with poms. The result is a visually creative performance of dance! Hip hop blends modern dance elements with street groove. For those who love to groove, this is the perfect activity to join!

4. Non-competitive Recreational Programs

In addition to our popular Recreational Cheer classes, we have Tumbling and Ninja scheduled for this season! If a competitive program is not your thing, we've got you covered with these great options! For more information about our Rec programs, see the Recreational Program handbook. Registration for fall recreational classes usually opens in late summer - watch our social media for updates!

QUESTIONS?

Email us and we will be happy to chat with you about your options!



CURRENT PROGRAMS



* Come stretch, tumble, or work on routines at the gym under the supervision of a certified coach.

Note: Open nest is included in competitive athlete tuition!

COMPETITIVE PROGRAMS

NOTE:

Being coachable and willing to learn is all that is required for athletes who wish to be part of our competitive teams!

Competitive Cheer Teams

This program is perfect for athletes who love to compete! These teams require unwavering commitment as they involve summer training and an extended season. Teams perform a choreographed 1:30 - 2:30 minute routine set to music which includes jumps, motions, dance, stunts, and pyramids. Dance, gymnastics, or cheer background is an asset but experience is not necessary!

Competitive Performance Cheer (Dance) Teams

This program is designed for athletes who love to dance! Performance Cheer (formerly known as all star dance) has grown in Saskatchewan the past ten years and combines elements of visuals, sharp motions, lifts, tricks, and synchronized team elements. Teams perform a choreographed 1:45 - 2:15 minute routine set to music. Having some dance experience is an asset, but not required.

Competitive Specialty Routines

This program is offered to athletes who wish to perform an Individual or Duo tumbling routine. Specialty routines are a choreographed 1 minute routine set to music. Due to the amount of athletes interested in Specialty Divisions, they will first be offered to athletes with Level 2+ tumbling skills, before being offered to those with advanced Level 1 skills, on a first-come, first-served basis. Athletes interested in a specialty routine must also be registered on a competitive team. Availability for these routines will be communicated to registered families in late August.



COMPETITIVE PROGRAMS

CROSSOVER ATHLETES

A crossover athlete is someone who competes on more than one team at their club. Athletes can cross over from a cheer team to another cheer team or from a cheer team to a dance team. Athletes need to be age eligible with both teams they wish to be on in order to cross over.

This season we are excited to offer pom and hip hop dance to our athletes as a crossover opportunity. Competing more than one routine makes going to competitions so much more fun! Depending on the ages of the athletes who register for the season, we may also be able to provide a cheer to cheer crossover (U12 to U16).

At team placements, coaches will be asking families which athletes want to be considered for competing on two teams. These athletes should demonstrate overall physical fitness, mental toughness, and passion for the sport. If you or your athlete are not interested in being considered for a crossover, please indicate this at placements.

Rates for Crossovers

All team rates are listed on page 14. If an athlete is doing a cheer to cheer crossover, they are eligible for a 25% reduction in tuition for the second team. Pom and Hip Hop athletes must be registered for a cheer team to access the advertised tuition amount. If an athlete only wants to do pom and/or hip hop, there is an additional cost to participate. Please email us for further information if you have an athlete who wants to participate only on dance teams at our club and we will discuss the options with you.

COMPETITIVE TEAMS

U8 Prep Cheer

For birth years 2018-2022.

For all skill levels - cheerleading, gymnastics, or dance experience an asset but not necessary. Two team practices per week.

U12 Cheer

For birth years 2014-2019.

For all skill levels - cheerleading, gymnastics, or dance experience preferred but not necessary. Two team practices per week.

U16 Cheer

For birth years 2010-2015.

For all skill levels - cheerleading, gymnastics, or dance experience preferred but not necessary. Two team practices per week.

Pom & Hip Hop

For birth years 2014-2019.

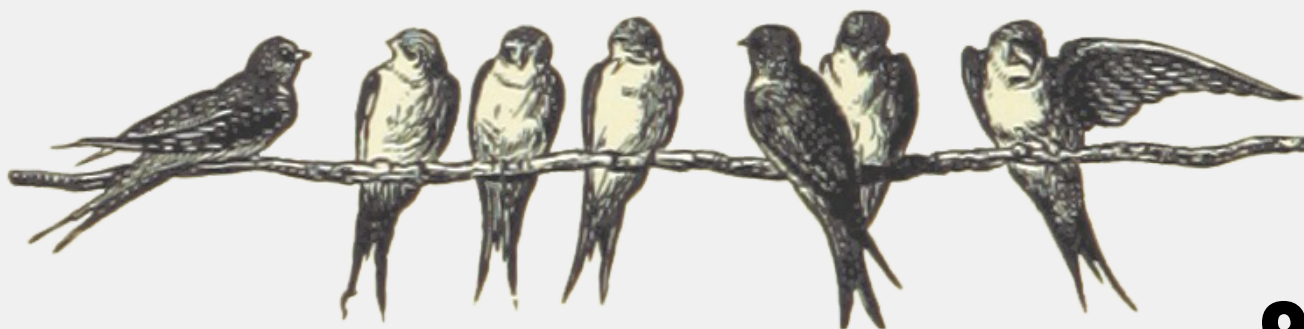
Dance experience an asset but not necessary. One team practice per week.

NON-COMPETITIVE TEAMS

U6 Novice Cheer

For birth years 2020-2023.

Come learn about All-Star Cheerleading in a non-competitive atmosphere. Athletes will learn the basics of cheerleading in a short routine. One team practice per week.



SKILL BUILDING PROGRAMS

OPEN NEST

If an athlete or stunt group wants to spend some extra time repping skills or tumbling, Open Nest is the place to be! Held once a week under the supervision of a coach. Be sure to check the schedule in the Band app!

Note: During Open Nest times, a certified coach is present to ensure safety - athletes will not be coached. If athletes requires coach assistance or spotting for skills, Private or Semi-Private sessions are available for booking.

PRIVATE & SEMI-PRIVATE SESSIONS

This is a great option for athletes looking to work on routine or tumbling skills with a coach! These sessions are designed for 1 to 3 athletes to work on tumbling or other skills, both during the season and over the summer. For prices or to book, send us an email at airbournecheerathletics@gmail.com.



TRAINING SCHEDULE

SUMMER & SPECIAL EVENTS

TEAM PLACEMENTS

JUNE 3rd and 5th 5:30-6:30pm

\$10 per day for all participants

This is your opportunity to try before committing to a competitive team. All athletes born in 2020 or earlier (ages 6 and up) are welcome! Skills will be progressive and slightly different each day, so come for one, or come for both!

SUMMER TRAINING

JULY & AUGUST

Athletes will spend this time working with their coach on learning and perfecting skills before the season begins. This also gives athletes an opportunity to get to know their teammates. Summer training is not mandatory, but athletes are encouraged to attend as much as possible.

**U12 & U16 August practices are mandatory*

PLEASE NOTE:

*All events listed below are **mandatory** for the indicated Competitive Cheer Teams. Please add these dates to your calendars!*

CHEER CHOREOGRAPHY CAMP

SEPTEMBER 11-13;

OCTOBER 23-25

The majority of team choreography will be taught at these weekend camps. Attendance is mandatory for all athletes (except U6). Exact day and times will be communicated to families once confirmed with our choreographer.

TIME TO FLY! ROUTINE SNEAK PEAK JANUARY 23

Our whole club will show off their competition routines and we will also have our athletes and groups photographed. Attendance is mandatory for all athletes. Exact times will be communicated to families once confirmed with our photographer.



TRAINING SCHEDULE

REGULAR SEASON

Regular season training for U12 & U16 Cheer will start **August 4**. Regular season for all other teams will start **September 8**. Practice days are confirmed as below. Practice times will be finalized with registered families.

SUN	MON	TUE	WED	THU	FRI	SAT
	U6 CHEER	U8 CHEER	HIP HOP	U8 CHEER		
	U16 CHEER	U12 CHEER	POM	U12 CHEER		
			U16 CHEER			

Please arrive 5-10 minutes before practice so athletes are ready when their practice time begins!

Attendance is mandatory at all practices. If an athlete needs to be absent for an approved reason*, an Absence Form should be filled out 48 hours prior to the missed event. For sickness or family emergencies, an Absence Form should be submitted as soon as possible. **Messages to coaches or in team group chats are not permitted for absences.**

*Attendance Policies can be found on our website.

What do athletes need for practice?

- athletic shorts or capri pants (flyers **MUST** wear shorts - no leggings!)
- snug fitting tank top or t-shirt
- appropriate footwear for their team (see required footwear on pg. 16)
- water bottle
- hair tied back away from the face and jewelry removed

COMPETITION SCHEDULE

**2026 COMPETITION LOCATIONS:
WARMAN, MOOSE JAW, AND REGINA**

COMPETITION SCHEDULE 2025	WINTER KNOCKOUT JANUARY 9	TIME TO FLY! JANUARY 23	BEST OF THE WEST FEBRUARY 5 - 6	WARMAN CHEER CLASSIC MARCH 5 - 7	WEYBURN CHEER SHOWCASE MARCH 14	SCA PROVINCIALS MARCH 20
U6 NOVICE						
U8 PREP						
U12 CHEER						
U16 CHEER						
POM & HIP HOP						

Athletes are required to attend all events that are indicated for their team.

Coaches will release competition schedules as soon as they are permitted to (usually one or two weeks prior to the event). Coaches will also provide families with other information for competitions as it is released from the competition hosts.

Please note that athletes are required to be in attendance at their session awards at all competitions - this displays good sportsmanship and shows respect for all competitors. Thank you for your cooperation!

Specialty Routines are not guaranteed a spot at any competition, as spots are very limited. We do our very best to get registrations submitted as soon as the registration window opens.

2026-2027 IMPORTANT DATES

DATE	EVENT
June 3 & 5	Team Placements
July 1	Gym Closed - Canada Day
July 6	Summer Training Begins
August 3	Gym Closed - Civic Holiday
August 4	U12 & U16 Regular Season Begins
September 1 - 7	Gym Closed - Back to School
September 8	U6, U8, & Dance Regular Season Begins
September 11 - 13	Choreo/Skills Camp - U8, U12, U16 (cheer)
September 30	Gym Closed - National Day of Truth and Reconciliation
October 10 - 12	Gym Closed - Thanksgiving
October 23 - 25	Choreo/Skills Camp - U8, U12, U16 (cheer)
October 31	Gym Closed - Halloween
November 11	Gym Closed - Remembrance Day
December 12	Team Holiday Parties
December 19 - January 3	Gym Closed - Happy Holidays!
January 4	Practices resume
January 8 - 9	Winter Knockout (Warman)
January 23	<i>Time to Fly! & Club Photo Day</i>
February 5 - 6	<i>Best of the West (Moose Jaw)</i>
February 14 - 20	Gym Closed - Winter break
February 22	Practices resume
March 5 - 7	<i>Warman Cheer Classic (Warman)</i>
March 14	<i>Showcase (Eagles Gym @ WCS)</i>
March 20 - 21	<i>Provincials (Regina)</i>
March 25	Season Ends!
March 26 - April 30	Gym Closed - Staff prep for Season 12!
May - June	Spring Session
May 24	Gym Closed - Victoria Day
Early June	Team Placements



INVESTMENT INFORMATION

COMPETITIVE TEAM TUITION AND FEES EXPLAINED

We are happy to offer ***all inclusive pricing*** to our families. Your commitment fee, membership fee, and tuition includes: certified coaching staff, all training fees, Open Nest access, routine choreography and camps, music fees, program t-shirt, digital photography package, Showcase venue rental, facility fees (rent, utilities), competition registration fees, and subsidized team events.

Tuition ***does not*** include: mandatory Cheer Canada/SCA membership (includes insurance), shoes, uniform, competition makeup, out-of-city travel and accommodations for any competitions, admission to competitions, print photography packages, or optional club gear.

Commitment Fee

The Commitment Fee must be submitted for an athlete to be considered registered. These funds help us secure early bird pricing for items and events, and is therefore non-refundable once paid. Cost is \$275 for registrations made prior to July 31. Commitment Fee increases to \$325 for registrations made August 1 or later. The increase is to cover costs associated with late fees for some of our season expenditures. **The Commitment Fee must be paid when registering in Uplifter.**



INVESTMENT INFORMATION

COMPETITIVE TEAMS

	U6	U8	U12	U16	POM	HIP HOP
COMMITMENT FEE*	\$275	\$275	\$275	\$275	\$275**	\$275**
FULL SEASON TUITION	\$665	\$1350	\$1665	\$1665	\$560	\$560
MONTHLY TUITION INSTALLMENTS	\$95	\$150	\$185	\$185	\$80	\$80

*Commitment Fee price before August 1. Must be paid through Uplifter (see details on page 15.)

** Pom and Hip Hop athletes who are also on a cheer team do NOT pay a second commitment fee.

Season Tuition will be collected online via Uplifter, our registration portal. Payments may be a lump sum or scheduled monthly instalments. Athletes will not be permitted to begin training until Uplifter registration is completed. **Cheer Canada/SCA membership fee & Insurance must be added to your cart when registering (paid once per season, valid July 1 - June 30).**

Monthly tuition instalments for U8, U12, and U16 cheer teams are based on paying the total over 9 months. Payments are processed monthly beginning July 1 with final payment withdrawn on March 1. **Please note:** Any registrations completed in Uplifter after July 31 will result in the monthly free being increased as the total tuition would be paid over fewer months.

Monthly tuition instalments for Pom, Hip Hop, and U6 cheer team are based on paying the total over 7 months. Payments are processed monthly beginning September 1 with the final payment withdrawn on March 1.

PROGRAM UNIFORMS

YEAR FOUR OF A FOUR YEAR CYCLE

Please note: Uniform pricing includes taxes. Shipping fees will be applied when invoices are issued.

	U6	U8	U12 U16	CROSS OVER (CHEER TO CHEER)	POM HIP HOP	CROSS OVER (CHEER TO POM)
COST	\$100	\$420	\$430	\$175	\$220	\$125
DEPOSIT	\$50	\$210	\$215	\$90	\$110	\$65

Uniform deposit must be paid upon registration in Uplifter for registration to be considered complete for competitive programs. You will be invoiced for the exact remainder owing once the order is placed with the company; shipping prices fluctuate and we may be able to secure discounts or arrange for private pickup of our items which will save families money.

Note: For U8, U12, and U16, co-ed uniform pieces are available. Please email for further information and pricing if this pertains to your athlete.

Used Uniforms

Athletes who have outgrown their pieces from last year may be able to sell them to other families. Please contact us if you wish to sell outgrown pieces.

Additional Uniform Requirements (not provided by club)

Families will be responsible for providing their athletes with:

- White Ankle Socks (cheer athletes only)*no logos or colours
- Black leggings (dance athletes only)
- Makeup (colours will be communicated once the season begins)
- Shoes - white shoes (U6), white cheer-specific shoes (all other cheer teams), black jazz shoes (pom), black running shoes (hip hop).

TEAM DEVELOPMENT

There are many factors considered in planning for team growth. Coaches plan progressive skill development in jumps, tumbling, stunts, motions, strength, and flexibility. The greatest assets that parents can encourage are coachability (willingness to learn and apply corrections) and “team first” attitude. At Airbourne, our training for teams is designed so athletes can be successful while also being challenged to improve their skillset.

In order to strive for a successful season of growth, commitment to practices is vitally important for all athletes. Our sport relies on every member of a team to be present and actively involved for the team to succeed. ***All practices, team events, and competitions are mandatory.***

Please note that any and all absences should be submitted through the Absence Form at least 48 hours before the missed event to help coaches to be able to change their practice plans accordingly. We do understand that illness and unforeseen circumstances will arise and we do our very best to support our families. In this case, please submit an Absence Form as soon as possible. **Messages to coaches or in team group chats are not permitted for absences.** Thank you!

Practice Checklist:

- Wear shorts, t-shirt, and clean athletic shoes.
- Put hair up in ponytail and remove jewelry
- Bring water bottle
- Arrive with a positive, willing-to-learn attitude!



Six Easy Steps

TO JOIN OUR COMPETITIVE FAMILY



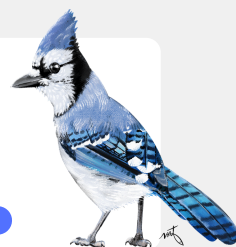
1. Fill out the Athlete Information Form

Here is the link to the form: [Athlete Info Form](#)



2. Register in Uplifter

You will receive a link and code to register for your team(s) following Team Placements!



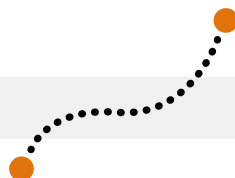
3. Pay the Commitment Fee

Pay the Commitment fee when registering in Uplifter.
\$275 by July 31, and \$325 as of August 1.



4. Pay the Uniform Deposit

Pay the Uniform Deposit when registering in Uplifter.
See page 17 for deposit amount for your team(s).



5. Download "Band" App

Download on the App store or Google Play - it's free! Once downloaded, sign up with your email, then log into the app. You will receive a link to join following Team Placements!

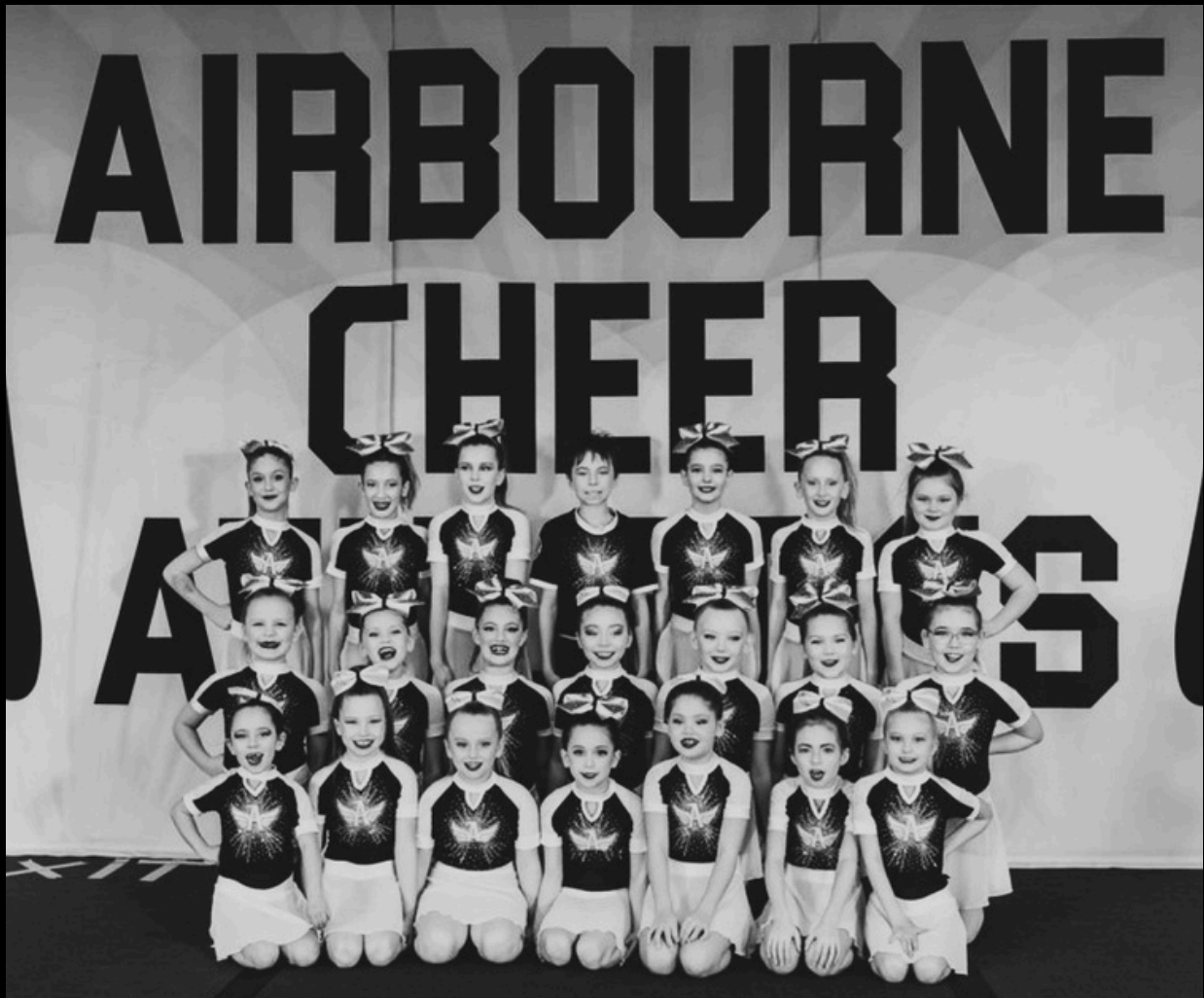


6. Welcome to our Family!

Dare to Soar! Attend practices, set goals, learn skills, make friends, work hard, be awesome, compete full out, and HAVE FUN!



AIRBOURNE ATHLETICS
COME FLY WITH US!



JOIN US ON SOCIAL MEDIA!



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HAVE QUESTIONS?

E-MAIL US!

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